

FREE On-Line Sharing Parenting Course!

We all want to be the best parents we can be and get maximum enjoyment out of the experience of having children. Sharing Parenting is here to help.

This On-Line Sharing Parenting Course consists of ***four 20 minutes sessions*** aiming to introduce you to all the thinking Sharing Parenting support for parents is based on and how you can use it.

[***Introduction and Session 1 - Setting the scene***](#)

[***Session 2 - Parenting Styles***](#)

[***Session 3 - Identifying Needs***](#)

[***Session 4 - Understanding Challenging Behaviour***](#)

To get the most out of the course please find a quiet spot where you will not be disturbed, grab some paper and a pen to write down your thoughts and relax and enjoy!

Click the line below

[***https://www.sharingparenting.com/for-parents/sharing-parenting-courses/online-sharing-parenting-courses/***](https://www.sharingparenting.com/for-parents/sharing-parenting-courses/online-sharing-parenting-courses/)

I'd love to know what you thought of it.

Mrs Arfi