

PE Long Term Overview 2020/21

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Indoor- Spatial awareness	Indoor- Gymnastics	Indoor- Dance	Indoor- Apparatus	Indoor- Athletics	Indoor- Multi-skills
	Commando Joe		Commando Joe		Commando Joe	
Year 1	Athletics	OAA	Indoor- Gymnastics- Jumping Jacks	Indoor- Dance – Moving Words	Indoor- Gymnastics (Part 2) – Rock and Roll	Indoor- Dance- Part 2- Weather
	Outdoor- Fundamentals 1		Outdoor- Fundamentals unit 2		Outdoor- Team building/ Athletics Sports day	
	Commando Joe- Traditional Tale ‘Once upon a time’		Commando Joe- Lion and me ‘Circle of Life’		Commando Joe- Steve Backshall ‘A Walk on the Wildside’	
Year 2	Athletics	OAA	Indoor- Dance- Great Fire of London	Indoor- Gymnastics- Points of Contact	Indoor- Gymnastic- Part 2- Ball Tall and Wall	Indoor- Dance- Part 2- Magical friendships
	Outdoor- Fundamentals unit 1		Outdoor- Fundamentals unit 2		Outdoor- OAA- Trails, Trust and Teamwork	Outdoor- Athletics Sports day
	Commando Joe- Samuel Pepys ‘London’s Burning’		Commando Joe- The Queen ‘Longest Reign’		Commando Joe- Pocahontas ‘Troubles in the tribe’	
Year 3	Athletics	OAA	Indoor- Gymnastics- Patterns and Pathways	Indoor- Dance- Solar system	Indoor- Gymnastics – Hand Apparatus	Indoor- Fitness- Box2Bfit
	Outdoor- Ball Handling Skills Ending with Y3 competition/tournament		Outdoor- Striking and Fielding Ending with Y3 competition/tournament		Outdoor- Athletics- Challenges Sports Day	
	Commando Joe- Ernest Shackleton ‘Endurance’		Commando Joe- Nellie Bly ‘Around the World in 72 Days’		Commando Joe- Ed Stafford ‘Walking the Amazon’	

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Year 4	Athletics	Athletics	Indoor- Gymnastics- Principles of Balance	Indoor- Dance – Cold Places	Indoor- Gymnastics- Rotation	Indoor- Fitness – Box2Bfit
	Outdoor- Invasion Games - Ball on the Ground Ending with Y4 competition/tournament		Outdoor- Net Games Ending with Y4 competition/tournament		Outdoor- OAA LKS2 - Co-operation, Communication and Consideration -Athletics- Pentathlon Sports Day	
	Commando Joe- Spartacus ‘Romans Revolt’		Commando Joe- Levison Wood ‘Survival’		Commando Joe- Leif Erikson ‘Voyage of Discovery’	
Year 5	Athletics - Pentathlon	OAA LKS2	Indoor- Gymnastics- Pair Composition	Indoor- Fitness – Box2Bfit	Indoor- Swimming?? Gymnastics- Press and Go	Indoor- Swimming?? Dance- Dance styles
	Outdoor- Invasions Games- Football Ending with Y5 competition/tournament		Outdoor- Invasion Games- Netball Ending with Y5 competition/tournament		Outdoor- Athletics- Heptathlon Sports Day	
	Commando Joe- Tim Peak ‘Blast off!’		Commando Joe- Kira Salak ‘Gorilla in the Mist’		Commando Joe- Ranulph Fiennes ‘Transglobe Adventure’	
Year 6	Athletics - Heptathlon		Indoor- Gymnastics- Body Symmetry	Indoor- Fitness – Box2Bfit	Indoor- Gymnastics – Group work	Indoor- Dance- Why Bully Me
	Outdoor- Invasion Games- Hockey Ending with Y6 competition/tournament		Outdoor- Invasion Games- Tag Rugby Ending with Y6 competition/tournament		Outdoor- OAA UKS2 - Co-operation, Communication and Consideration Athletics- Decathlon Sports Day	
	Commando Joe- Nancy Wake ‘The White Mouse’		Commando Joe- Amelia Earhart ‘Final Flight’		Commando Joe- Ibn Battuta ‘Eastern Odyssey’	