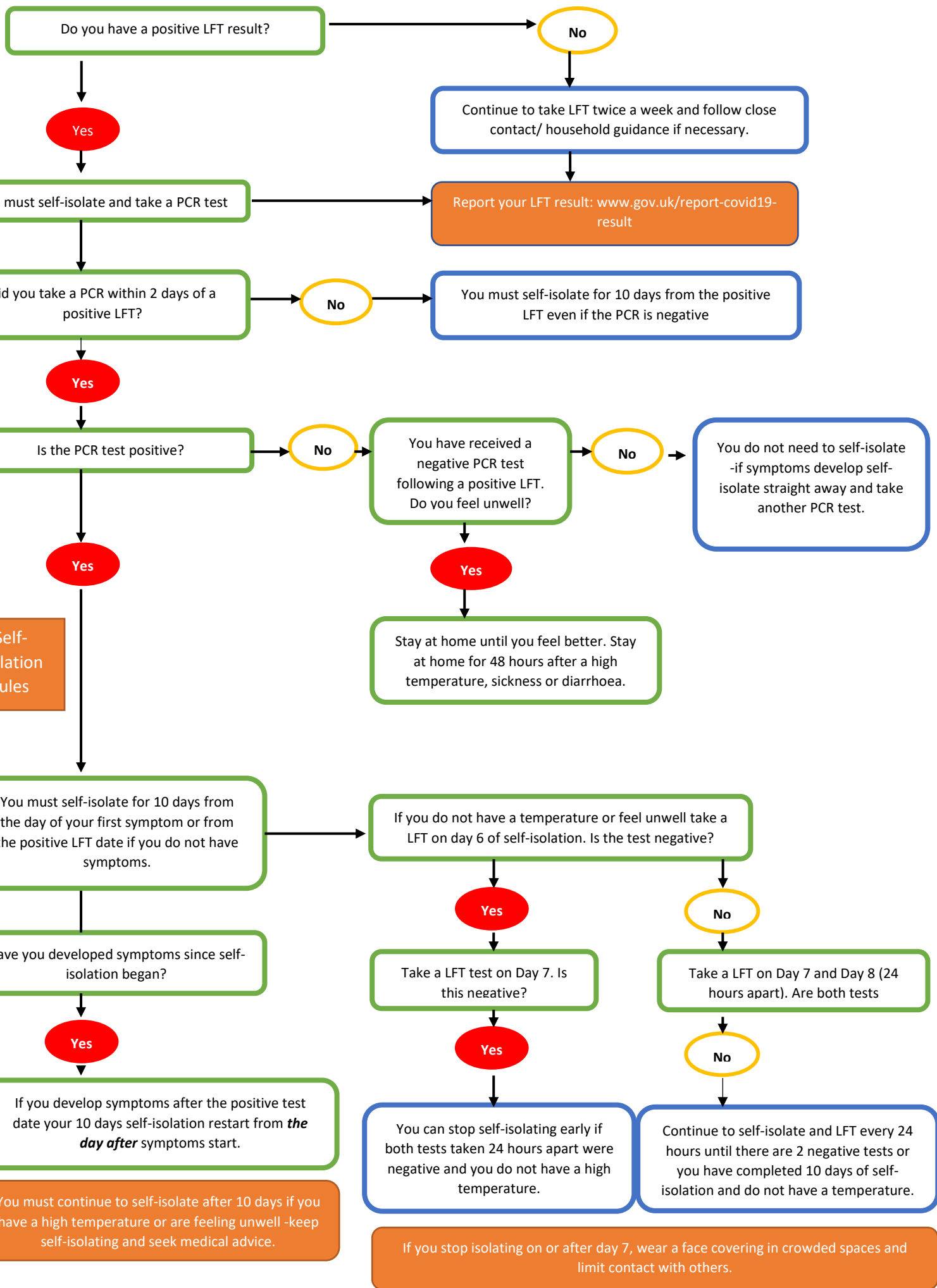


Responding to a Lateral Flow Test - January 2022 Guidance



Do you have a positive LFT result?

No

Yes

You must self-isolate and take a PCR test

Continue to take LFT twice a week and follow close contact/ household guidance if necessary.

Report your LFT result: www.gov.uk/report-covid19-result

Did you take a PCR within 2 days of a positive LFT?

No

You must self-isolate for 10 days from the positive LFT even if the PCR is negative

Yes

Is the PCR test positive?

No

You have received a negative PCR test following a positive LFT. Do you feel unwell?

No

You do not need to self-isolate -if symptoms develop self-isolate straight away and take another PCR test.

Yes

Yes

Self-isolation rules

Stay at home until you feel better. Stay at home for 48 hours after a high temperature, sickness or diarrhoea.

You must self-isolate for 10 days from the day of your first symptom or from the positive LFT date if you do not have symptoms.

If you do not have a temperature or feel unwell take a LFT on day 6 of self-isolation. Is the test negative?

Yes

No

Have you developed symptoms since self-isolation began?

Take a LFT test on Day 7. Is this negative?

Take a LFT on Day 7 and Day 8 (24 hours apart). Are both tests

Yes

Yes

No

If you develop symptoms after the positive test date your 10 days self-isolation restart from **the day after** symptoms start.

You can stop self-isolating early if both tests taken 24 hours apart were negative and you do not have a high temperature.

Continue to self-isolate and LFT every 24 hours until there are 2 negative tests or you have completed 10 days of self-isolation and do not have a temperature.

You must continue to self-isolate after 10 days if you have a high temperature or are feeling unwell -keep self-isolating and seek medical advice.

If you stop isolating on or after day 7, wear a face covering in crowded spaces and limit contact with others.